**Lesson plan: TALKING ABOUT SPORTS**

**SPORTS IN DAILY LIFE**

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| **Slide** | **Aims** | **Teacher** | | | **Students** | |
| **Action** | **Suggestions** | **Timing** | **Performance** | **Timing** |
| **Introduction (6 minutes)** | To let students get to know each other and their teacher | Teacher: - reveals some information about him/herself. - asks all students to introduce themselves using the suggestions in the slide | - Welcome class! My name is.. I’m … years old and I’m your teacher for this class.  - Now I would like you guys to take turn and introduce yourself using the following information:  - Nice to meet all of you! During the lesson, if you have any questions, please let me know. Thank you!  Do you often do physical exercise? (Answer) Yes, I do, and on a regular basis, (Give reason for your answer) though I wouldn’t say that I’m a gym junkie, I have to say that I put great emphasis on getting into shape and always spare at least 3-4 days to work out at the gym.  Do young people in your country like to do exercise? (Answer) I suppose yes. (Give reason for your answer) Being fit rather than being skinny is a mindset that is recently catching on in my country. Therefore, many young people are trying to incorporate physical activities into their daily routine as well as adopting healthy eating habits to achieve their dream figure. | 50 seconds | - Introduce yourself using the following information. | 45 seconds/student |
| To introduce the lesson | - Teacher introduces the topic of today’s lesson | Today we will have a discussion about **sports in daily life**  - I hope after today’s lesson you will be able to communicate more confidently when you are in this kind of context. | 30 seconds |  |  |
| **Class rules (1 minute)** | To let students understand the class rules | - Teacher reads the rules for students | Before starting today's lesson, here are three rules I want you guys to follow:  … | 1 minute |  |  |
| **Teacher - Student (15 minutes)** | To let students practice structures they have learned in LS classes and express their ideas about the topic with the teacher. | Question 1: Teacher:- explains the game,  - gives students some new words. | 1. **Vocabulary game: Each student tries to pronounce correctly all the words below.**   **Suggestions:**  **Sleeps /sliːps/**  **Books /bʊks/**  **Hats /hæts/**  **Cups /kʌps/**  **Crabs /kræbz/**  **Scissors /ˈsɪzərz/**  **Gloves /ɡlʌvz/**  **Sings /sɪŋz/**  - Congratulations on the winner | 1 minute |  | 1 minute/student |
| Question 2: Teacher: - asks all students in the class to answer  - knows when to stop students when they go off topic.  - uses suggestions in brackets to train students to speak one short paragraph. | And here is the question number 2: **Do you think everybody should play sports? Why/Why not?**  **Should people be encouraged more to take up sport?**  I think young people should be given the chance to discover which sport they might like. Watching sport is sometimes a good way to get people started. Not on TV but actually getting out and take athletics for example. They could go to **an athletics meeting** where there are so many different sports on show one might interest them.  **Suggestions:**  **Yes:**   * **Sports offer a chance for constant physical practice.** * **Working with your team motivates you and make you compete against each other for great results.** * **Competing in sports also motivates you, and some people can realize their potential as athletes.**   **No:**   * **Sports are not just for everyone: Old people who are very weak, some of them can’t even move, people who can’t breathe easily…** * **Not everyone wants to play sports. I'm forced to play sports at school and I hate it. Everyone takes it so seriously and I get slammed for not participating in something I have no (and never will have) interest in.** | 1 minute | Each student talks 3-5 sentences | 1 minute/student |
| - Fixes common grammatical mistakes arise for students. | After listening to your talks, I could see some common mistakes that you need to correct it and now I will correct them | 1 minute | Listen and take note of teacher’s comments. |  |
| **Student - Student (21 minutes)** | To let students express their ideas relating to the current and the previous contexts | Question 3: Teacher: - Lets students work in pairs  - Stops students politely when they speak more than the allowed amount of time. - Gives suggestions if necessary (write in chat box). | Ok let's start with question 3: you guys will work in pairs.  **Discuss with your partner some disadvantages of playing sports.**  **Suggestions:**   * **Sports can be stressful when an player places too much pressure on himself to succeed. Coaches, peers and parents can also be a source of pressure.** * **Participating in sports can be expensive. There is sometimes a registration fee, and most sports require equipment. Sports require a considerable amount of time.** * **Violence** * **Difficulty**   **Drawbacks of doing sports (Hạn chế việc chơi thể thao)**  **-  Face the risk of injury: đối mặt với nguy cơ bị thương**  Example: You should be careful when playing sports otherwise you will face the risk of injury.  **-  Need large investment of time: Đòi hỏi sự đầu tư lớn về thời gian**  Example: Generally, playing a sport will need large investment of time. | 45 seconds | Have a short conversation with a partner. | 1 minute 30 seconds /student |
| - Corrects most common mistakes | Instead of using “..” , you can say “..” | 45 seconds | Listen and take note of teacher’s comments. |  |
| Question 4: Role-play:  Teacher: - Explains the situation. - Lets student practice with their partner - Gives suggestions if necessary - Corrects most common mistakes | In the last question, you guys will also work in pairs. Let’s choose one role and act it out with your partner in 3 minutes. - Read the situation for students **A: Talk with your friend about some benefits of sports.**  **B: You are A's friend. Talk with him/her.**  **Benefits of doing sports (Lợi ích của việc chơi thể thao)**  **-  Feel a sense of enjoyment: cảm thấy hứng thú, phấn khích**  Example: Whenever I play football with my friends, I feel a sense of enjoyment although I sweat a lot.  **-  Have an opportunity to socialize: có cơ hội hòa nhập**  Example: Participating in a sport gives you the opportunity to socialize, which means you can meet and make a new friend  -  **Get someone’s health better: có sức khỏe tốt hơn**  Example: Taking part in a sport is among the most effective ways to get your health better.  **Suggestions:**  **A:**   * **Playing sports is really good for your health.** * **Yeah. Playing sports will improve your fitness and weight goals.** * **They also encourage healthy decisions such as not smoking or drinking.** * **And exercising is a natural way to loosen up and let go of stress.**   **B:**   * **That’s right. It is good for your mind, body and spirit.** * **Furthermore, team sports are good for learning accountability, dedication, and leadership, among many other traits.** * **Improve your mood, your concentration. Reduce stress and depression.**   You will have a conversation about **sports in daily life**  Remember to use the structures and words that you have learnt in previous lessons.  Teacher can suggest students some structures to ask and answer:  - | 1 minute 30 seconds | Summarize what you have learnt in last lessons to practice with a partner | 1 minute 30 seconds /student |
| **Wrap-up**  **2 minutes** | To let students understand what they learnt after the lesson | - Summarize the knowledge learnt in the lesson;  - Remind students to do homework. | - Today you guys did pretty great job in using structures in last lessons  - In pronunciation part, you have understood the difference between /s/ and /z/  - However, I kindly request you guys to find homework to practice more at home  ..  Link Vietnam:  <https://lmsvo.topicanative.edu.vn/u/login/?next=/activities/lesson/by-resource/55523fd8a8615a4c7ead83da/>  Link Thailand: http://homework.topicanative.edu.vn/local/lemanager/index.php   1. **an athletics track**: đường chạy 2. **to work out in the gym:**tập thể dục tại phòng tập gym 3. **an away game**: trận đấu bóng đá trên sân khách 4. **a brisk walk**: đi bộ nhanh 5. **a football fan**: người hâm mộ bóng đá 6. **a fitness program**: những bài tập thể dục để giữ eo 7. **a football match**: một trận đấu bóng đá 8. **a football pitch**: sân bóng đá (không bao gồm khan đài của khán giả) 9. **a football season**: mùa giải bóng đá 10. **to keep body in a good shape**: giữ cho thân hình đẹp 11. **to go jogging**: chạy bộ 12. **a home game**:  trận đấu bóng đá trên sân nhà 13. **to keep fit**: thon gọn, khỏe mạnh 14. **to be out of condition**: thân hình không thon gọn 15. **a personal best**: thành tích cá nhân trong thể thao 16. **a personal trainer**: huấn luyện viên cá nhân 17. **to run the marathon**: chạy marathon (42.195km) 18. **a season ticket**: vé cả mùa giải giúp bạn có thể xem tất cả trận đấu trên sân nhà 19. **to set a record**: đạt kỉ lục 20. **a sports centre**: trung tâm thể dục thể thao 21. **sports facilities**: thiết bị và dịch vụ thể thao 22. **a squash/tennis/badminton court**: sân bóng chuyền/ tennis/ squash 23. **strenuous exercise**: bài tập cường độ cao 24. **a strong swimmer**: người bơi giỏi 25. **a swimming pool**: bể bơi 26. **to take up exercise**: bắt đầu tập thể dục | 2 minutes |  |  |